Location	Procedure	Cost
International Breastfeeding Centre (Jack Newman Clinic) Located in the Canadian College of Naturopathic Medicine (CCNM) 1255 Sheppard Avenue East North York, ON M2K 1E2 T: (416) 498-0002 F: (416) 498-0012	Referral needed Type: sterile scissors (performed by paediatrician); breastfeeding before and after procedure as pain relief Type of ties: All tongue ties and lip ties Lactation consultant present/available: Yes ** Will NOT do procedure if Vitamin K IM has not been given at birth or least 24 hours prior to appointment **	$73.45 (incl tax) lactation consultation appointment fee (required for every visit – 60-90 min appt) Release is free for OHIP clients $15.35 for non-OHIP clients
Barrie and Community Family Health Team – Prenatal and Well Baby Clinic (Lactation Services) 5 Quarry Ridge Rd Suite 304 Barrie, ON L4M 7G1 T: (705) 721-0370 F: (705) 725-8781	Referral needed (to Dr. Chen for direct referral, or through BCFHT lactation services) – can go directly for release but referral through lactation services is preferred Type: Sterile scissors (performed by paediatrician); sucrose for pain relief Type of ties: Anterior tongue ties (does not cut very posterior tongue ties or lip ties) Lactation consultant present/available: Yes	No cost associated for lactation services or tongue tie release for OHIP clients

Molson Park Dental 33 Mapleview Drive West Barrie, ON L4N 9H5 T: (705) 722-4848	No referral needed – can get same day appts Type: Laser (performed by dentist); numbing gel used prior to procedure Type of ties: All tongue ties and lip ties Lactation consultant present/available: No	Consultation is complimentary $222 for either lip or tongue tie $332 for both lip and tongue tie These fees can often be billed to dental insurance.